

# Comfortable Hiking Holidays

Hike an adventure. Rest in Comfort.

## Trip Itinerary: Dominica Holiday

February 10 to 19, 2024

Get on the Interested List NOW for 2025!

### Day 1

#### HELLO SUNSHINE!

Upon arrival into Dominica, we shall transfer from the airport to our hotel.

### Day 2

#### GALLION LOOP & MORNE KWABIER

From Soufriere, switchbacks lead up to the village of Gallion for a fantastic view over the Soufriere & Scotts Head Marine Reserve. Right after the village, a small farmer's track connects to the Segment 1 of the Waitukubuli National Trail. The trail leads into the forest and gets quite steep until reaching the plateau of Morne Kwabier. From here, there is another spectacular view of Scotts Head Harbour and the neighbouring island of Martinique. Then it's downhill, ending up back at Soufriere. (Moderate-challenging, 10km)

### Day 3

#### WAITUKUBULI NATIONAL TRAIL / SEGMENT 6

Dominica's indigenous people are the native Kalinago, who called their island Wait'tukubuli, meaning "Tall is her body". This segment of the trail takes us along the eastern coast of the island, through Kalinago territory, showcasing their culture and lifestyle, and with amazing views of the Atlantic Ocean. (Moderate-challenging, 10km)

### Day 4

#### WHALE-WATCHING

Dominica is the whale-watching capital of the Caribbean and no stay on the island would be complete without an afternoon of whale-watching!

### Day 5

#### WAITUKUBULI NATIONAL TRAIL / SEGMENT 13

This hike follows the northernmost coast of the island of Dominica with sweeping views of the Guadeloupe Channel and the islands of Marie Galante, Les Saints and Guadeloupe in the distance. (Moderate, 7km)

Then transfer to Toucari Bay for a late lunch on the beach along with a swim in the sea. You can't go to the Caribbean without going to the beach!

### Day 6

#### BOILING LAKE

This hike starts at Titou Gorge and winds its way through Morne Trois Pitons NP to the summit of Morne Nicholls. Then descend into the Valley of Desolation, stripped of all vegetation but alive with sulphur streams, bubbling waters and rocks the colour of stained-glass windows. Then it's onwards to Boiling Lake - the second largest of its kind in the world. The way back is just as challenging as the way here, but the reward is a refreshing dip in the pools back at the Titou Gorge starting point. Although this is a demanding hike, those who conquer Boiling Lake wear it as a badge of honour. (Very challenging, 13 km)

### Day 7

#### DAY OF LEISURE

This is a great day to relax, especially at the hotel's swimming pool or on the lanai overlooking the Caribbean. However, there is lots more to see & do in Dominica, which we can help you organize.

### Day 8

#### MIDDLEHAM FALLS & TRAFALGAR FALLS

Hike in Morne Trois Pitons NP, a UNESCO World Heritage Site, through pristine rainforest to Middleham Falls. Middleham Falls are striking, with a narrow stream dropping about 85m from a keyhole notch in the lip of the cliff. (Moderate-challenging, 5 km)

After lunch, visit the twin waterfalls - Trafalgar Falls

## Day 9

### VICTORIA FALLS & GLASSY BAY

First a short hike to Glassy Bay, from Boetica through farmland and down through the rainforest, alongside a stream. We pass volcanic stone "sculptures" that lead to the rock jetty with three natural pools - a favorite fishing spot for locals. (Moderate, 3km)

Afterwards, we "hike" to Victoria Falls. This is not a hike in the traditional sense, but an "adventure"! The trail crosses the river at least 4 times (in places, the water can be as high as your knees) and requires clamouring over rocks and boulders, but once we get to the Falls, a swim is our big reward. It is the quintessential unique Dominica hiking experience! (Moderate-challenging, 2km "don't let the distance fool you!")

## Day 10

### GOOD-BYE DOMINICA