

## Trip Itinerary: Cuba - November 1 to 13 Holiday

November 1 to 13, 2015

Day 1 HOLA!

Upon arrival in Havana, we will be introduced to our local Cuban escort/guide and then overnight in Havana before beginning our program in earnest the next morning.

Day 2 PALMARITO-COCOSOLO TRAIL

Hike along the Palmarito-Cocosolo Trail all the way to the Mural de la Prehistoria, passing through woods, pastures, and farmland visiting the local people to get an idea of how people

live in the countryside. (Moderate, 8 km)

Day 3 MIRADOR DE GUAMA

Hike along the bridle paths of Ranchon La Guabina (a working horse farm) led by a caballero on horseback. After lunch, go into Pinar del Rio City to visit to the Cigar Factory. (Moderate, 7

km)

Day 4

LA DELICIAS TRAIL IN LAS TERRAZAS

Transfer to Lea Terrazas, a rural project

Transfer to Las Terrazas - a rural project of sustainable development in the heart of the Sierra del Rosario Reserve. Hike along a well-travelled trail lush with vegetation to the ruins of the

Buena Vista Coffee Plantation. (Moderate, 6 km)

Day 5

EL TUBERETE TRAIL IN LAS TERRAZAS

Regioning along the El Contento trail year

Beginning along the El Contento trail, veer off to hike to the top of El Tuberete, where a monument is dedicated to the 38 Cuban guerrillas who trained in these hills for Che Guevara's

ill-fated Bolivian adventure. Finish with a swim in the Banos of San Juan River.

(Moderate-challenging, 8 km)

Day 6 TRAVEL + TOUR OF CIENFUEGOS

Transfer to the Ancon Peninsula. Stop for lunch and a sightseeing tour of Cienfuegos - "La

Perla del Sur" - one of Cuba's primary seaports and centre of the sugar trade.

Day 7

EL CUBANO TRAIL + TOUR OF TRINIDAD

Hills in Tapas de Callantes, haginning and a

Hike in Topes de Collantes, beginning and ending at El Cubano Park. Enjoy a country lunch

where the specialty of the house is Pez Gato (cat fish). After lunch, visit Trinidad, a UNESCO

World Heritage Site. (Moderate, 6 km)

Day 8 VEGAS GRANDES

Hike directly from the park office in Topes de Collantes through coffee plantations and natural

forest, seeing the customs of the locals along the way. An astonishing waterfall offer an

unforgettable and unique place for a swim. (Moderate-challenging, 8 km)

Day 9 DAY OF LEISURE

We recommend visiting the many art shops in Trinidad or a day of relaxing on the beach.

Day 10 GUANAYARA PARK

Transfer to Topes de Collantes and travel by all-terrain vehicle to Guanayara Park. Hike on

Centinelas del Rio Melodioso Trail to the Casa de la Gallega, past waterfalls, natural pools and

lush vegetation surrounded by a wide variety of birds. (Moderate, 7 km)

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Day 11 TRAVEL + TOUR OF SANTA CLARA
Check out of our botel for the return io

Check out of our hotel for the return journey to Havana. Stop in Santa Clara for tour of the Che

Guevara Memorial.

Day 12 HAVANA Walking to

Walking tour of Old Havana, including Plaza de Armas, El Templete, Captain Generales Palace, Cathedral Square, La Bodeguita del Medio (a Hemingway hangout) and Parque

Central. Dinner will be at Doces Apostoles followed by a visit to the nightly Firing of the Canon

Ceremony at San Carlos de la Cabana Fortress. (Light, sightseeing)

Day 13 HASTA LA VISTA CUBA!

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